

# Blue Diddley Chaste Tree



Commonly known as the chastetree, *Vitex agnus-castus* was in ancient times thought to be an aphrodisiac. According to Wikipedia, the leaves and stems were once used in ladies' bedding to "cool the heat of lust" when the men were off to war, thus the name chastetree. We're not sure if this works or not, but we do know that it makes a wonderful landscape plant that is highly deer and drought resistant.



## *Vitex agnus castus* 'Blue Diddley'

- **Use:** This dwarf chastetree is a fun little ball of lavender-blue flower spikes in mid-summer. Its compact size fits nicely into perennial gardens and mixed borders. Low maintenance and drought tolerant!
- **Exposure/Soil:** Full sun– part sun. Drought tolerant once established. Needs at least 4 hours afternoon sun.
- **Growth:** Fast grower to 3 to 6' feet tall and wide.
- **Hardiness:** 6-9, Large shrub/ small tree
- **Foliage:** Deciduous. Aromatic gray-green foliage.
- **Flower:** Delicate silvery-blue plumes in the summer-fall.