

# Culver's Root



**This plant is also known for its medicinal properties, having been used traditionally for its calming and anti-inflammatory effects.**



## *Veronicastrum virginicum*

- **Use:** Appearing like a giant Veronica in the landscape, this tall, native perennial makes an impressive vertical accent in perennial borders, moist meadows and rain gardens. Stems are unbranched except for the huge, white, candelabra-like, terminal flower spikes which attract pollinators. A striking, upright, herbaceous perennial native to eastern North America. It is a relatively low-maintenance plant that is tolerant of a variety of conditions, making it a good choice for gardens, meadows, and naturalized areas. Plant with large grasses such as Panicum for an impressive native border.
- **Exposure/Soil:** Full sun to very light shade. Tolerant of variable soils, including clay. Light fertilizer and prefers to not be watered by sprinklers.
- **Growth:** Grows to 3-6' tall and 2-4' wide.
- **Hardiness:** Zone 3-8 Perennial, Must be mulched in the winter.
- **Foliage:** Deciduous. Lance-shaped leaves that are often covered with fine, silvery hairs, giving them a slightly fuzzy appearance.
- **Flower:** Produces tall, slender spikes adorned with clusters of small, vibrant white flowers that resemble asters and attract butterflies, bees, and parasitic wasps. The flowers are borne on tall, slender stalks, creating a graceful and airy effect from mid-August until late fall frosts. Holds tufted seed heads well into winter, providing food for birds. Cut back after flowering to promote rebloom.

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