

# Catmint



## *Nepeta faassenii*

- **Use:** Catmint is drought tolerant and thrives on neglect, making it good for beginning gardeners, low-maintenance landscapes and water-wise borders. Plants are virtually pest and disease-free, while the mint-like scent repels deer and rabbits. Catmint's mounding or upright growth habit is perfect for mixed borders, as pathway edging, or in mass plantings. A reliable long-lived perennial, catmint (*Nepeta*) is a member of the mint family. While not as addictive as Catnip it is still loved by cats.
- **Exposure/Soil:** Plant in full sun to partial sun, in well drained soil. Use slow release fertilizer two times a year.
- **Growth:** Grows 30" tall and 36" wide. If the stems get too tall or floppy just give them a trim.
- **Hardiness:** Zone 5-8 Perennial
- **Foliage:** Deciduous. Aromatic gray-green foliage.
- **Flower:** Spike of blue flowers occur from late spring into fall, with the small tubular flowers attracting hummingbirds, bees, butterflies and other insect pollinators. A rough shearing (cut stems back by about 2/3) after bloom keeps the plants' habit neat and will encourage some repeat bloom until frost.

**Your cats will love it!  
Very easy to grow!**