Ice Cream Banana



This banana has slight hints of vanilla ice cream flavor and a creamy texture. 'Ice Cream' is also know by the name 'Blue Java' in some parts of the world. It is also called 'Blue Java' because of the blueish-green skinned fruit. This is a wind resistant variety with a strong pseudostem and root system.

Print this sign out

Musa 'Ice Cream/ Blue Java'

- <u>Use:</u> Impress the neighbors with this super fast growing banana! In no time you will have a huge, lush tropical paradise with a stand of these! Very attractive for its landscaping potential and good wind resistance.
- <u>Exposure/Soil</u>: Full sun– part sun. Provide well-drained, moist soil, but not soggy. Use a slow release fertilizer. Always hungry this plant loves lots of water and fertilizer!
- <u>Growth</u>: It grows 10-12' tall so once it reaches full size, it is ideal to plant directly in the ground for home gardens in southern zones or in large pots in northern conservatories or greenhouses.
- <u>Hardiness</u>: **Zone 8-11**, Perennial; Mulch around the base of the plant 1– 2 ft in the fall. Plants will need to be wrapped if we get an early frost and fruit have not yet ripened.
- **Foliage:** Deciduous. Large fragrant leaves can be used for cooking. The large, showy leaves are silvery-green and the unripe banana fruit is silvery-blue before ripening to pale yellow..
- **Flower:** One of the most popular banana varieties, the fruit from 'lce Cream' has a creamy, vanilla flavor, just like ice cream.

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