

Meehan's Mint



Meehania cordata

- **Use:** Looking for a native substitute for Ajuga or Lamium? This could be it! Long, trailing stems run across the ground and root along the way. In late spring the green carpet gives way to hundreds of blue flowers opening to reveal spotted throats. Beautiful from a distance and under close scrutiny. Irresistible in a pot! Naturally resides from southwest PA to the NC mountains. Meehania is named for the late PA botanist, Thomas Meehan.
- **Exposure/Soil:** Part shade. Moist, well-drained soil, but not soggy. Water when top 3" of soil is dry. Prefers alkaline soils. Drought tolerant once established.
- **Growth:** Grows 6-10" tall and continues to trail 12-15" wide.
- **Hardiness:** Zone 5-8, Perennial
- **Foliage:** Deciduous; Small, green foliage is unpalatable to deer.
- **Flower:** In late spring the green carpet gives way to hundreds of lilac to pink to purple flowers opening to reveal spotted throats. They are beautiful from a distance and under close scrutiny.



While it is stoloniferous and creeping, it is not aggressive like ground ivy, another cordate creeping plant. We enjoy using it as a groundcover and border edging plant in woodland or shade gardens. It grows very well under shrubs as a living mulch. An under-appreciated perennial in the landscape, it is recently growing in popularity.

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