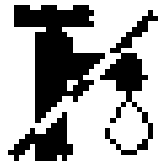


English Garden Thyme



Thymus vulgaris

- **Use:** A favorite herb, thyme is great in the garden and the kitchen. The glossy green foliage is easily sheared into a tiny hedge if you are looking to create a traditional knot garden, but looks equally great in a pot. Often used in between stepping stones. Deer resistant. Thymus or thymon is Greek for "courage." Through the centuries it has been used for traditions relating to this theme. Roman soldiers bathed in thyme water, European knights carried thyme tokens. Other folklore talks of thyme as being the home of fairies.
- **Exposure/Soil:** Grows best in full sun and dry, sandy, or rocky soils. They can tolerate very alkaline soils. They prefer well-drained soils and can tolerate drought once they are established. They are intolerant to wet soils or poor drainage. May be grown indoors in pots in a sunny kitchen window.
- **Growth:** Moderate grower 6-12" in flower tall x 16-18" wide and continues to spread by underground shoots. Grows vigorously, so you can trim back to keep neat and compact and enjoy the trimmings!
- **Hardiness:** Zone 5-9, Perennial; Evergreen in zones 8 and 9.
- **Foliage:** Evergreen in mild winters. Tiny green foliage. Often used in cooking to flavor soups, stews, sauces, and meats. Cut back plants to limit woody growth or to stimulate new growth. Harvest leaves throughout the summer as needed.
- **Flower:** Whorls of tiny, tubular, lilac flowers appear on the stem ends in late spring to early summer. Flowers are attractive to pollinators.



Leaves are highly aromatic (reaching their peak just before plants flower) and are frequently used fresh or dried as a seasoning in a variety of culinary applications including soups, stews, sauces, meat and fish dishes.