

Seaside Spinach



Spinacia oleracea 'Seaside'



**Popeye's favorite
heirloom variety! Less
than 30 days to harvest.**

- **Use:** Gorgeous upright plants are super easy to harvest. Spade shaped leaves have good loft and are easy to wash. Overwintered well in our trials and is slow to bolt in all seasons. Adaptable to spring and summer plantings. Upright plants with glossy, dark green, oval leaves. Great regrowth for "cut and come again" harvest.
- **Exposure/Soil:** Full to part sun and keep the soil evenly moist.
- **Growth:** Grows 10-12" tall and plant 12" apart.
- **Hardiness/Harvest Time:** Annual / Yields in less than 30 days
- **Foliage:** High Resistance: Downy Mildew (Races 1-12, 14-16, 19,20) Very dark, slightly savoyed leaves with slower growth are utterly tailored to baby leaf production.