

Countryside Spinach



**Popeye's favorite
heirloom variety!**

Spinacia oleracea 'Countryside'

- **Use:** Beautiful, dark green, very uniform, baby leaf spinach variety. Thick, smooth, round, oval leaves. Holds well and has acceptable bolt tolerance.
- **Exposure/Soil:** Full to part sun and keep the soil evenly moist.
- **Growth:** Upright, moderate growth rate, reaching about 10 to 14 inches tall.
- **Hardiness/Harvest Time:** Annual / Ready for baby leaf or fresh market harvest in roughly 25 to 55 days depending on exact sowing and climate conditions.
- **Foliage:** A smooth-leaf, dark green baby leaf spinach variety. High tolerance to bolting (premature flowering), making it perform better in warmer spring or autumn transition slots than traditional varieties. High resistance to multiple races of downy mildew (*Peronospora effusa*).