

Moroccan Mint



Mentha spicata var "Crispa"

- **Use:** Fragrant minty foliage and attractive lilac flowers in summer that are popular with pollinators. A great culinary mint for mint sauce and new potatoes. Also great in teas and has medicinal properties too. Grow them in containers to keep them in check. Try using it as a garnish for fruit cups and sweet dishes. Maybe add some to jazz up a cocktail! As with all mints it is a vigorous grower. It will grow quite happily in a container where it can't be too boisterous next to other plants.
- **Exposure/Soil:** They love full hot sun, but be sure to keep them well watered, but not drowning. Pinch tips back occasionally to produce a bushy plant! Use slow release fertilizer for best results
- **Growth:** Grows 1-2 ft tall and continues to spread. Excellent for use in containers. As a general rule, mint family plants root vigorously when allowed to grow freely and can be invasive so plan ahead.
- **Hardiness:** Zone 5-11; Perennial
- **Foliage:** Deciduous; Fragrant edible leaves.
- **Flower:** Large fuzzy lavender flowers in late summer -fall.



This culinary herb is very refreshing in salads and drinks.

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