

Strawberry Spearmint



Cook with your own fresh herbs! Great for candies, cookies, teas, ice cream and more.



Mentha spicata 'Strawberry'

- **Use:** The petite green leaves of this compact mint variety have a wonderful fruity scent and flavor. Size makes this mint variety well suited for containers and hanging baskets. A favorite for its fruity scent and flavor. Grow them in containers to keep them in check.
- **Exposure/Soil:** They love full hot sun, but be sure to keep them well watered, but not drowning. Pinch tips back occasionally to produce a bushy plant! Use slow release fertilizer for best results
- **Growth:** Grows 1-2 ft tall and continues to spread. Excellent for use in containers. As a general rule, mint family plants root vigorously when allowed to grow freely and can be invasive so plan ahead and keep them in containers or set up barriers underground with edging.
- **Hardiness:** Zone 5-11; Perennial
- **Foliage:** Deciduous; Leaves exude a pleasant strawberry aroma. Strawberry mint is therefore mainly used to refine desserts or to flavor cocktails, lemonades and water.
- **Flower:** Lilac flowers in late summer -fall.

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