

Parris Island Romaine Lettuce



Lactuca sativa 'Parris Island'

- **Use:** An heirloom type, Parris Island lettuce is a romaine-type heirloom lettuce that's known for its crispness, flavor, and nutritional value. It's often used for sandwiches, burgers, and salads. Tall, upright plants produce long, dense hearts with good flavor.
- **Exposure/Soil:** Full to part sun and keep the soil evenly moist.
- **Growth:** Grows 6-12" tall and wide and larger. 30 days to baby lettuce; 55 or less days to full size.
- **Hardiness/Harvest Time:** You can start to pull individual leaves at around 20 to 25 days, or when the leaves are about 2 inches long. Continue to pull leaves until the plant starts to bolt and develops a flower stalk. You can leave leaves on if you want a head of lettuce.
- **Leaf:** Dark green leaves with firm ribs, and upright heads that are 8–12 in tall. Slightly bitter, with inner leaves being milder. A good source of vitamin A.



Vegetable gardens don't have to be boring. Plant violas and pansies in-between your vegetables!