

Arugula



Eruca sativa

- **Use:** Once a rare delicacy, Arugula is now part of the American dinner table. But for what it costs at the fresh market, growing your own is the only sane option!
- **Exposure/Soil:** Full to part sun and keep the soil evenly moist.
- **Growth:** This plant reaches about 2 1/2 feet tall and 1 foot wide, with leaves best cut at 2 to 3 inches long. Cut just what you need for the next meal; each leaf that is severed stimulates production of more foliage, so a single plant can keep producing over a long season.
- **Hardiness/Harvest Time:** Annual / Yields in less than 90 days.
- **Foliage:** The flavor is so delectable when the leaves are young and tender -- peppery and mustardy, with a palate-cleansing zing! Great in pesto, too -- just don't let the leaves get too big, because they will lose their tender texture with maturity.



**Peppery-
Mustardy
Flavor
Wakes Up
the Palate!**



Did you know that we recycle empty pots and trays? Please bring them back! Save the Earth!