Blues Chinese (Napa) Cabbage





Make your own kimchi at

home

with Napa Cabbage. Great for your gut health!



Brassica rapa var Pekinensis 'Blues'

- <u>Use</u>: This early maturing plant produces good yields of Napa Chinese cabbage. The heads average 6 to 8 inches in diameter and weigh 4 to 4 ½ lbs. The plant has green leaves with white ribs. Leaves are very tender, tasty, and delicious, excellent for cooking and pickling. Very slow to bolt. An excellent choice for home gardens and market growers. Disease Resistant: ALS, BR, BSR, DM, FY.
- **Exposure/Soil:** Full to part sun. They must have well-drained soils, so if you have red clay you must amend it. Water regularly, when top 3 in. of soil is dry. Cabbage grows best when daytime temperatures are under 80 F. High fertility, improper water conditions, and heat can cause loose, puffy heads.
- <u>Growth</u>: Grows 18" tall and 12" wide. Space plants about 18-24" apart in rows that are 36" apart.
- *Hardiness:* Annual Vegetable; Can be planted in late winter or fall.
- **Foliage:** It has many qualities like being widely adaptable for most North American growing areas, having strong bolting tolerance, and being resistant to viruses, Downy mildew, leaf spot, Alternaria leaf spot, and Bacterial soft rot.
- *Flower:* Not known for flowers.