

Amethyst Cauliflower



Cauliflower Tip:
Harvest cauliflower when the curd is 4 to 6 inches across, and trim the leaves.



***Brassica oleracea* var. *botrytis* 'Amethyst'**

- **Use:** This new variety is early maturing, has a good dome shape, and is a beautiful purple color. This variety is notable for its consistently earlier maturity compared to other purple cauliflower types, delivering excellent head quality in approximately 80 days. It performs reliably for both summer and fall harvests, offering flexibility for various growing conditions. Noted Eastern garden performance.
- **Exposure/Soil:** Plant in full sun. Prefers moist, but not wet soils.
- **Growth:** Space plants 6-8" inches apart in the row, and space rows three feet apart. The heads average 4-6" across.
- **Hardiness:** A cool-weather crop, it can be grown in spring and fall everywhere, and even in winter in mild-weather areas. We recommend using a frost cloth to protect from hard freezes.
- **Foliage:** The leaves are large, thick, and fibrous with a distinct, light-green central rib. They are typically blue-green, but the color can vary slightly by plant. These leaves are edible, with a flavor similar to cabbage or kale. They are best harvested when young and tender, and can be used in smoothies, salads, baked as chips, or cooked like collard greens. They are also high in fiber, calcium, and Vitamin C.
- **Flower:** Sturdy jackets and inner leaves envelope the heads, making solid domes of dense, beautiful, purple curds. The vibrant purple florets retain their color through cooking, making them as stunning on the plate as they are in the garden.

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