

# Stonehead Cabbage



## *Brassica oleracea* 'Stonehead'

- **Use:** Tightly packed heads are short-cored and average 4- to 6- lbs. Won't burst. Resistant to black rot and Fusarium yellows.
- **Exposure/Soil:** Full to part sun. They must have well-drained soils, so if you have red clay you must amend it. Water regularly, when top 3 in. of soil is dry.
- **Growth:** Grows 12" tall and wide. Recommended spacing is 12 to 15 inches on rows at least three feet apart. You can also increase production in small garden by planting a double row on a bed.
- **Hardiness:** Vegetable; Can be planted in spring, summer, or fall.
- **Foliage:** Named for its solid head, Stonehead holds well in the garden without splitting, so there is no need to hurry the harvest. Head shape is round.
- **Flower:** Not known for flowers.

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growing your own  
vegetables!**