

Olympia Spinach



**Popeye's favorite
heirloom variety!**



Spinacia 'Olympia'

- **Use:** Probably the best and most productive dark green plain leaf spinach for year-round sowing and harvests. Within its class, Olympia is slower to bolt and displays better eating quality than others. An excellent choice for cooking and year-round fresh spinach salads.
- **Exposure/Soil:** Full to part sun and keep the soil evenly moist. Not happy with heat.
- **Growth:** Grows 10-12" tall and 4" wide and larger.
- **Hardiness/Harvest Time:** Annual / Yields in less than 40 days
- **Foliage:** Olympia grows fast, producing enormous yields of mostly smooth leaves up to 5x6" almost entirely lacking in oxalic-acid taste, so her mild flavor goes down easily.